Dear Families,

Happy New Year! As a fellow parent of a college student, I have one main resolution for this year. I resolve to help my daughter solve her own problems. Believe me, I have been the family problem solver for years and I like that role. However, I realize I don’t need to improve that skill, but my daughter does. A month into college when she said to me, “I’ll figure it out,” there weren’t enough ecstatic emojis to describe my glee. Please know this has not been an easy process, but it’s been a rewarding one. And we are still a work in progress.

As you help your students solve problems, please let us know how we can help. Through website searches or email inquiries (family@emory.edu), we are happy to help you help your students with resources and professionals who can assist them.

Hail the Gold & Blue!

Bridget Guernsey Riordan, Ph.D.
Assistant Vice President of Campus Life
Alumni Relations, Parent & Family Programs
NEWS UPDATES

On-campus housing lottery and selection will occur in January. For more information, please check the Housing website later this month here.

SPORTS AND HEALTH PROMOTION

While many students relaxed at home, several of our winter sports athletes were in competition over the semester break. To follow your favorite teams, see here.

Group fitness classes resume this month. Information is available here.

The Office of Health Promotion offers resources for students to learn about and practice healthy behaviors. To read more, see here.

Student Health 101 magazine is another valuable resource. Read here.

STUDENT ENGAGEMENT

For Emory undergraduate students, Greek organizations offer unique opportunities for friendship, mentoring, service, and leadership. Information about Emory Greek Life as well as staff contact information can be found here.

The Office of International Student Life offers valuable resources and programs. Their newsletter is a great resource and can be viewed here.

Information about other Campus Life departments that offer outstanding resources can be found here.
CAREER CENTER CORNER

It is not too early for freshmen to meet with someone from the Career Center. Counselors can help map out experiences to prepare students for their chosen careers or to help them match their interests to an appropriate major. To make an appointment, visit [here](http://www.career.emory.edu/).

For more information about the Career Center check their website: [http://www.career.emory.edu/](http://www.career.emory.edu/)

The current program guide is [here](http://www.career.emory.edu/).

In addition to the university Career Center, the Goizueta Business School and the Nell Hodgson Woodruff School of Nursing also have career services to serve Emory students.

**BBA Career Management Center**
The BBA Career Management Center can be found [here](http://www.career.emory.edu/).

**Nell Hodgson Woodruff School of Nursing Career Services**
Career Services at the Nell Hodgson Woodruff School of Nursing can be found [here](http://www.career.emory.edu/).

Questions: Our website is [http://www.family.emory.edu/](http://www.family.emory.edu/). You can also contact us at Emory University, Division of Campus Life, Parent & Family Programs at family@emory.edu or 404-727-7190.