February 2018
Dear Emory Families,

As a student affairs practitioner, I strive to help students develop into emerging adults. In looking at their needs, I often refer to Maslow’s Hierarchy of Needs which is a five-tier model of the psychological theory.
The bottom tier represents physiological needs that include air, food, shelter, and sleep. Just as when our three-year-olds got cranky, we considered whether or not they needed a nap, were hungry, or just needed a secure place. With our college students, often the best advice we can give them is to take care of their basic needs. Get enough sleep. Eat a balanced diet. Make your room comfortable. Breathe. As family members, we need to give ourselves this advice, too. And in modeling this behavior, perhaps our students will practice it for themselves.

Please remember, if you have any questions, suggestions, or inquiries, please email: family@emory.edu. I am happy to help.

Hail the Gold & Blue!

Bridget Guernsey Riordan, Ph.D.
Assistant Vice President of Campus Life
Alumni Relations, Parent & Family Programs

NEWS UPDATES

On-campus housing selection is coming up soon! All first and second-year students are required to live on campus.
Rising third and fourth-year selections are February 26-March 2. Rising second-year selection is March 19-22. Go here for application deadlines and instructions.

Please join The Emory Wheel in celebrating the class of 2018! The Emory Wheel Graduation Magazine is distributed each year at the graduation ceremony and features ads placed by family, friends, and Emory organizations to recognize and celebrate their seniors alongside editorial content.

Emory Medal recipients for 2018 were recently announced.
SPORTS AND HEALTH PROMOTION

Emory Athletics Unveils New Tagline

FLY HIGHER

Learn more about the inspiration behind the update.

Winter athletic sports are in the second half of their seasons. Visit Emory Athletics to follow your favorite teams.
Encourage your students to check out the group fitness classes. The schedule and description can be found here.

The Office of Health Promotion offers resources for students to learn about and practice healthy behaviors.

Check out Student Health 101 magazine - another valuable resource for managing a healthy lifestyle.
Free movies are part of the landscape at Emory. A sampling is available through the Department of Film Studies.

The Office of International Student Life offers valuable resources and programs. Check out their newsletter for more information.

Go here to learn more about other Campus Life departments that offer outstanding resources.

CAREER CENTER CORNER

Intern with the Carter Center
The Carter Center here in Atlanta offers internships throughout the year within peace programs, health programs, and operations.

Career Discovery Days take place March 19-22. Students can be matched with alumni in their industry of choice to experience a day in the work environment. To find out more, see the current program guide.

In addition to the university Career Center, the Goizueta Business School and the Nell Hodgson Woodruff School of Nursing also have career services to serve Emory students.

BBA Career Management Center

Nell Hodgson Woodruff School of Nursing Career Services
Summer opportunities for study abroad with Emory faculty can be found here.

Consider international study opportunities throughout the year.

University Housing offers on-campus housing options during Commencement weekend. No need to worry about traffic, parking and other commencement-related delays.

Go here for important dates regarding spring housing openings and closings.

Mark your calendars: Family Weekend in conjunction with Emory Homecoming will be held October 19-21, 2018. And if you are planning way
ahead, the dates for Family Weekend/Emory Homecoming for 2019 are October 25-27, 2019.

A parents-only Facebook group has been created called the Group for Emory University Parents and Families and is moderated by current Emory parents. The moderators want this to be a positive forum for the exchange of information and supporting one another. This is a closed group so the moderators will ask you a few questions before allowing you to join.

WEBSITE/CONTACT

Questions or concerns? You can visit our Parent & Family website or contact us at the email or phone number below.

family@emory.edu | 404.727.7190 | www.family.emory.edu